

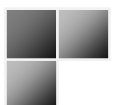
Quiz Answers : Holtzman : "I'm going to steal your Chi now..."

## TRADITIONAL CHIROPRACTIC PRINCIPLES

1. A compassionate manner w/ empathy, nonjudgemental acceptance, congruence, & genuiness
2. Betterment and caring for the human race, discrimination
3. Logic & Evidence
4. Body, parts, parts-bearing organism
5. Minimal intervention, less invasive therapies, active participant
6. Nature, interference
7. Wellness through diet, exercise, counseling, activities, chiropractic :: no drugs
8. Supernatural force, imparts life to an organism
9. Innate intelligence of the body flowed throughout the nervous system without irritation
10. Structural (Trauma), Chemical (Poisons), Mental (Auto-suggestion)
11. T1-T4
12. T5-T8
13. Liver & Gallbladder
14. Intestines, Kidneys, & Adrenal glands
15. L1-L3
16. When a stimulus to a somatic structure results in a response in another somatic structure
17. Muscle stretch reflexes, muscle spasm due to back injury
18. Contraction of somatic muscle due to stimulation of visceral nerves (appendicitis → abdominal muscles)
19. Response in visceral structures due to Stimulation of somatic tissue (muscle tear → kidney pain)
20. Viscerosomatic
21. Structural-Somatovisceral (Trauma), Chemical-Viscerosomatic (Poisons), Mental-Psychovisceral (Auto-suggestion)
22. Response of ANS and neuroendocrine function due to stress-emotions

## PHILOSOPHY OF CHIROPRACTIC

23. Reflective inquiry aimed at clarifying various modes of thought
24. Monocausal concept of subluxation-induced disease
25. An abnormal, interruption, cessation, or disorder of the body **functions**
26. Mechanical & chemical
27. The state of an organism when it functions optimally without evidence of disease or abnormality
28. Has its own innate recuperative powers
29. Physical monists, epiphenomenalists, psychophysical parallelism, interactionist view
30. Mental processes do not exist, the mental is merely physical
31. Recognize the role of the mind but deny that mental processes may trigger behavioral events
32. Mind and body do not interact even though the events of one may correspond with events of the other
33. Interactionist (mind and body interact, body may dominate but new research says its equal & mutual)
34. Perception and appraisal
35. Disease
36. Placebo

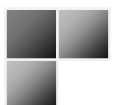


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37. Psychoneuroimmunology
38. Cortisol, immunosuppression
39. Increase natural killer cells
40. Macrophage over activation & excessive tumor necrosis factor → myalgia, malaise, fatigue, depression
41. Chronic anxiety
42. No
43. Nonspecific response of the body to any demand
44. Bad stress (surgery, malnutrition, etc.) :: Good stress (Regular, exercise...)
45. Restorative Localized short term response of tissue to the stress of trauma or other physiological change
46. Blood clotting, light accommodation, pressure response
47. An inflammatory response stimulated by trauma or infection
48. 1<sup>st</sup> (cell & circulatory changes), 2<sup>nd</sup> (release/remove harm), 3<sup>rd</sup> (Tissue repair / scar formation)
49. Physiological response of whole body to stress (primarily ANS & endocrine)
50. Alarm (fight/flight), adaptation (resistance to stressor), exhaustion (failure of system due to prolongation)
51. Stabilize
52. High BP, plaques, ulcers, IBS, cancer, hives, asthma, allergies, migraines, infertility, mental disturbances
53. Mechanical input, ritual
54. Chiropractic physicians (47%) , Broad scope (34%), Focused Scope (19%)
55. Primary health care physician

## LEGAL ISSUES

56. Electronic transfers of Health Data
57. Diagnosis, treatment proposed, risk-benefit, outcome, alternative, right to no treatment
58. Fiduciary, caveat emptor
59. Buyer beware
60. Financial interests of doctor
61. Learning & using the current standard of care
62. Use preconceived dogma set by authority
63. Use experience of self or others
64. Use theories with roots in basic sciences
65. Use methods which have been tested by clinical research
66. Improper (commission, low quality) or negligent (omission) care by the practitioner
67. Patient, insurance, professional
68. Public (7'), Social (4-7'), Personal (1.5-4'), Intimate (<1.5')
69. Formation (The idea in presence), Exploration (Fantasy w/o presence), testing (flirt), resolution (y/n)
70. Boundary issues
71. boundary violation
72. Ignoring goals, role reversal, secrecy, rationalization, confusion of needs, personal disclosure
73. Patient Health, make money



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74. Yes (naïve, mistake) :: No (active)
75. When someone with specific needs needs help from this individual
76. Students, teachers
77. Intimate relationships, gaining access disguised as treatment, abusing incompetent/unconscious patients
78. Professional association, state licensing boards, law enforcement, doctor involved
79. greater mistrust towards men & doctors, more psychological/somatic/visceral problems
80. Dual relationship results, doctor's needs conflict with the patient's needs
81. Does not
82. Jury decides, but APA says never (AMA says 7 years)
83. Never ask patient out (especially for physical), 1 foot social, stop & refer care
84. Defense
85. Remark or behavior that is improper
86. Conduct & effect on recipient, intention of harasser
87. Coercion, unwelcome, pervasive or continuous

